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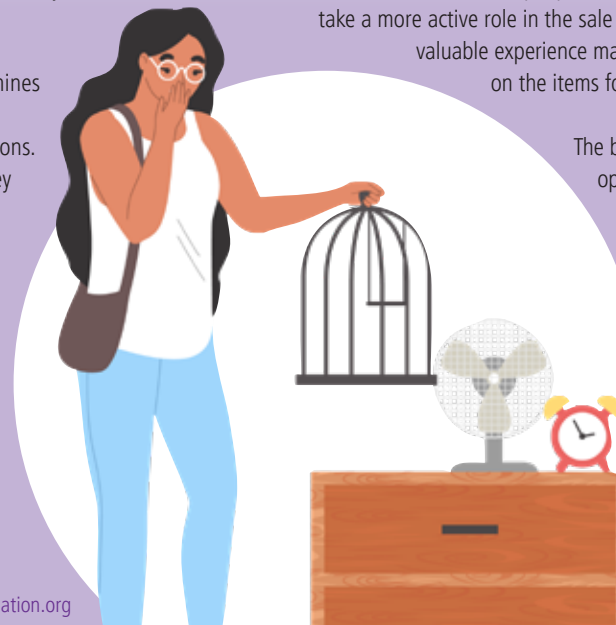
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WHAT YOUR SUMMER GARAGE SALE CAN TEACH YOUR KIDS

A summer garage sale is a tried and tested way to earn a little cash while eliminating things you no longer need. But it's also the perfect opportunity for parents to teach their children a few life lessons. Making your garage sale a family project can teach kids about organization, money management, and the pride of a hard day's work.

The lessons start immediately as your family determines what they no longer need. Younger children, in particular, often struggle to part with their possessions. A garage sale is an opportunity to discuss what they use, what they don't, and why we can't keep every object we own forever.

This process will teach kids organization as they create their "keep," "sell," and "toss" piles. On the big day, your children can also play a significant role in organizing and displaying your merchandise. Kids can help determine which items should share a table and what should be front and center to catch buyers' eyes.



Math and money management also play a pivotal role in any successful garage sale. First, you must determine what the items you're selling are worth. While letting your kids set prices is probably unwise, you can help them understand market value and what people will pay for used merchandise. Your children can take a more active role in the sale itself. Depending on their ages, they can gain valuable experience making change for customers or negotiating a deal on the items for sale.

The best part of using your garage sale as a learning opportunity is that your children can personally experience the value of hard work. They'll watch their old possessions disappear and the cash trickle in. More than anything, they'll probably love adding up the day's takings.

Whether or not you give your kids a cut of the earnings is up to you. But even if they don't end up with fatter pockets, your children will walk away from the family garage sale with lessons that will last longer than any extra cash could.

SUMMER MADNESS

SHOW YOUR PATIENT APPRECIATION THIS SUMMER!

We had a blast at the AAPD 2023 conference in Orlando, Florida, back in May. The weather was warm, and it felt like summer had already arrived. We were happy to see so many new and familiar faces at our booth — it always feels great to connect with everyone, collect feedback, catch up, and share ideas. If you happened to stop by and I missed you, I'm so sorry!

For everyone who responded to the survey we sent out, I cannot thank you enough! Your feedback is crucial to helping us plan the itinerary for our October PDTA 2023 conference. After all, before we know it, we'll be closing in on fall! But before we get carried away, let's pump the brakes and focus on the here and now: summer!

Everyone can agree that summer is the best time of the year for quality time with family, friends, and our children. It's an excellent opportunity for fun in the sun, time at the beach, or a family vacation (or two)! Over these next few months, you'll be busy — kids are out of school, and parents have capitalized on the opportunity to schedule their dental appointments without taking them out of school.

With so many patients coming into the office, it's a great time to host patient appreciation events to generate buzz and show how much you care about children and their families. Remember, it's the little things that go a long way! Here are some ideas to consider.

I Scream, You Scream

Hosting an ice cream party at the office is a great way to bring everyone together, generate great photo opportunities, and keep costs low. Whether you throw the celebration in your office break room or the waiting room, it's a perfect time to

bond with your patients. To ensure that patients show up, you can consider hosting a mini raffle giveaway for free movie tickets or pizza vouchers at your event!

Splish Splash

Does your office have a water park nearby? During the summer months, staying cool on the slides and in the wave pool is a must! Plan a weekend for the staff to meet with patients for fun in the sun and adventure. Be sure to check with the water park for group pricing!

Popcorn and Movies

During summer months (and year-round), many movie theaters offer matinee pricing or allow you to rent out a theater. It's an excellent opportunity to invite your patients and their families to enjoy a movie and cool off indoors. It's an experience that the kids will remember all year long!

No matter how you choose to show appreciation for your patients, be sure to snap some photos and share them on social media! There's no better way to generate engagement than photos and interaction!

Have a fabulous, busy, and fun summer!



DOES YOUR TEEN'S DRAMA REQUIRE INTERVENTION?

"Like our content? Use the provided articles in your company blog or Facebook posts!"

HOW TO KNOW WHEN TO GET INVOLVED

We've all been in high school, and no matter what decade you graduated in, your teenage years likely contained a few fights with friends or drama at school. However, as a parent today, it can be hard to watch your teens go through these friendship feuds, but the question is this: Should you get involved?



Unfortunately, the question has no perfect answer, as each circumstance differs. For some teens, your involvement may help them feel less alone and more understood, while for others, it may push them away. So, while we can't tell you the best thing to do in your child's situation, consider a few pieces of wisdom when debating whether or not to get involved.

Adversity Training

As painful as it is to watch your teen fight with their friends, the truth is that some of these arguments are good for their development. They are learning opportunities for your teen to understand how to handle uncomfortable situations, take responsibility for their actions, apologize, and problem-solve. Plus, if you get involved every time they disagree with friends, you're ultimately

teaching your child you'll always be there to solve their problems, and they'll never learn to work through adversity on their own.

However, you may need to get involved if the drama spirals out of control.

Get Involved

The following signs should prompt you to intervene to provide guidance and support:

- Your child's grades are starting to decline. This is especially worrisome if they usually have good grades.
- Your teen begins to withdraw and isolate themselves from family and friends.
- Your teen makes fewer plans to hang out with friends.
- Your child tells you they spoke to an adult at school about the argument, and school authorities haven't helped, and the situation is getting worse.
- Your teen becomes short-tempered and irritable.

Still Unsure ...

Even if you notice any of the behaviors mentioned, getting involved in your teen's social life is still difficult. However, the best thing to do is ask your child if they need your help. They may accept or deny the offer outright, but the simple act of asking lets them know you're there. Then, regardless of their answer, let your child know you're always available to listen and offer support. And, finally, don't be afraid to protect and defend your child if a genuine need arises.

DISCOVER YOUR IDEAL SEASIDE RETREAT FIND THE PERFECT BEACH RENTAL



One of the most important decisions anyone will make regarding their vacation is where they stay. This is especially true for summer vacations at the beach. Everyone has a different idea of their ideal vacation, and where you stay can make or break the trip.

Here are a few things to consider before booking a beach rental for your vacation.

Size Matters

How many people are coming on your trip? Is it just you and your significant other, or are children coming? You will want to pick a rental to fit your family's needs. If your traveling party is small, a condo or apartment overlooking the beach will likely work. If your family is large or you're worried about the kids being too loud, consider a single-family beach house instead.

Location, Location, Location

You probably already know what beach to visit, but choosing a specific unit can be challenging. Is

a rental with a grand view of the beach and the ocean worth the cost, or is one without quite the view (but less expensive) still acceptable? You'll also need to examine the surrounding area to ensure it has everything you need. If you don't want to drive much once you settle in, choose a rental within walking distance of the beach, shops, and restaurants.

The Extras

You should consider a couple of other things when booking a beach rental. If you plan to bring your pets, ensure the rental you book is pet-friendly. It's also worth investigating if the beach itself is dog-friendly, as bringing your furry friend to the beach can make the vacation even more enjoyable. Many rentals also provide beach toys, body boards, and more so you don't have to spend money buying or renting them at shops. Read through the rental description, and don't hesitate to ask the owner any questions.

SITUATION OF THE MONTH

Dear PDTA Pro,

It is **BUSY** here in the office. Without our team and doctors, we would not be able to keep our heads afloat. The way that they come together to help our office flow seamlessly, to keep our patients happy, healthy, and safe, and to deliver the best experience is incredible. How can we say "thank you" to our staff and doctors this summer? We really want to show them instead of telling them!

-Looking for inspo

Dear Looking for inspo,

What a great idea! We have great ways to show your team how much you value them. First, you could always plan a lunch, ice cream, coffee, or dinner get-together. If you're feeling more creative, how about catering ice

cream sundaes or breakfast in the office or offering everyone a spa retreat? They could hit the spa in the morning and return in the afternoon to see patients, or vice versa.

What about a team bowling night? Or an afternoon at the arcade? No matter how you celebrate and show how grateful you are, aiming for the first or second week students return to school is excellent timing. Those first few weeks will likely be a bit slower for your office and a great time to get some valued "downtime" with the team.

Lastly, don't forget the social media posts! In addition to sharing these celebrations on your Facebook and Instagram pages, post office and staff updates as they come. Sharing birthdays, team certifications, accomplishments, and office updates is a **MUST!** It helps your patients celebrate their dental team, too!

Happy summer celebrations!

-Pediatric Pro

HAVE A LAUGH



INGREDIENTS

- 1 1/2 lbs boneless skinless chicken thighs
- 2 tbsp olive oil
- 1 tsp cumin
- 1 tsp ground coriander
- 1 tsp turmeric
- 1/2 tsp garlic powder
- 1/2 tsp oregano
- 1/4 tsp cayenne pepper (optional)
- 1/2 tsp salt
- Freshly ground black pepper

DIRECTIONS

1. In a large bowl, add chicken, olive oil, cumin, coriander, turmeric, garlic powder, oregano, cayenne pepper (if desired), salt, and pepper. Toss together to coat chicken; let it marinate for 30 minutes to 1 hour.
2. Preheat grill to 400 F. Grill chicken thighs for 6-8 minutes per side or until fully cooked and an internal thermometer reads 165 F.
3. Transfer cooked chicken to a plate and cover with foil to keep warm, then chop into bite-size pieces to use in salads, tacos, bowls, and more!

Inspired by AmbitiousKitchen.com

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